

POINT COUNTERPOINT

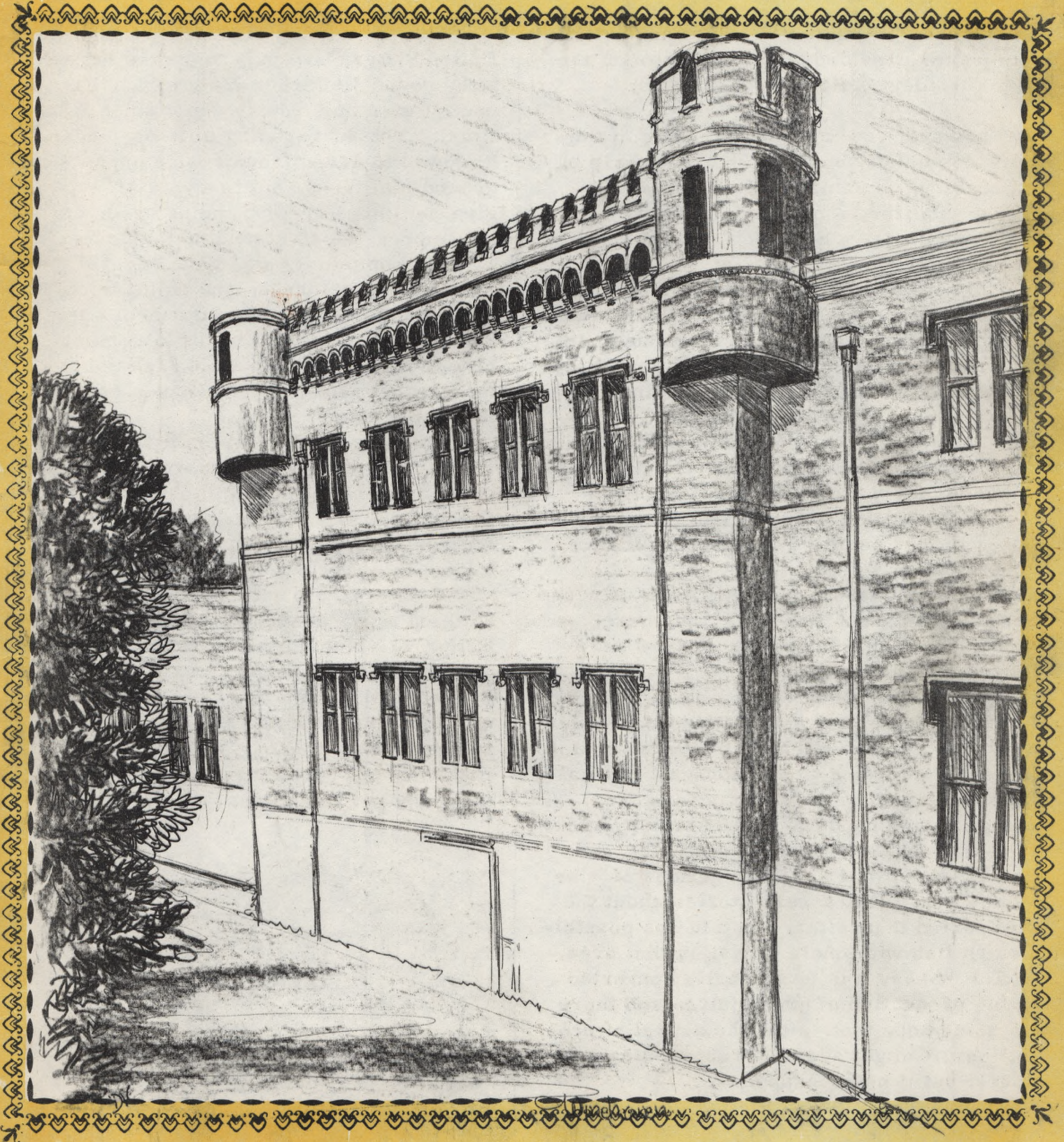
A JOURNAL FOR CIVIC COMMUNICATION

WEEKLY 10¢

VOL. V · NO. 19

AUGUST 14 TO 21, 1970

POINT RICHMOND, CALIF.



1. the story of

WINEHAVEN

The cover sketch of Winehaven was taken from photos provided by the Director of the Navy Fuel Dept., Richard J. Moore.

Winehaven, which was the name of the entire community built in the area early in this century, contained one of the world's largest wineries, a number of company-owned dwellings, a hotel and its own school and post office.

The winery was erected in 1908 by the California Wine Association. The site was chosen because grapes could be brought in by gondola cars from the San Joaquin Valley and ships could dock here to load wines for many ports. Before prohibition, "Calwa" brand wines were shipped all over the world. Riverboats also made regular stops here to load wines for valley communities.

The Winehaven winery could press 25,000 tons of grapes per day. It had more than 3,000 vats for aging the wine and an eight million gallon warehouse. All kinds of wines and fine champagne were produced here, and from 1,000 to 50,000 gallons of wine were shipped out per day.

The community of Winehaven consisted of several hundred people during its productive days. But with prohibition came its closing, and according to one account, federal officers decided to prevent the wine from falling into the hands of bootleggers by knocking the stoppers out of the bungholes, and dumping about half a million gallons of wine into the bay. There were stories about the brief period thereafter, when it was possible to catch fish with one's hands, in that area.

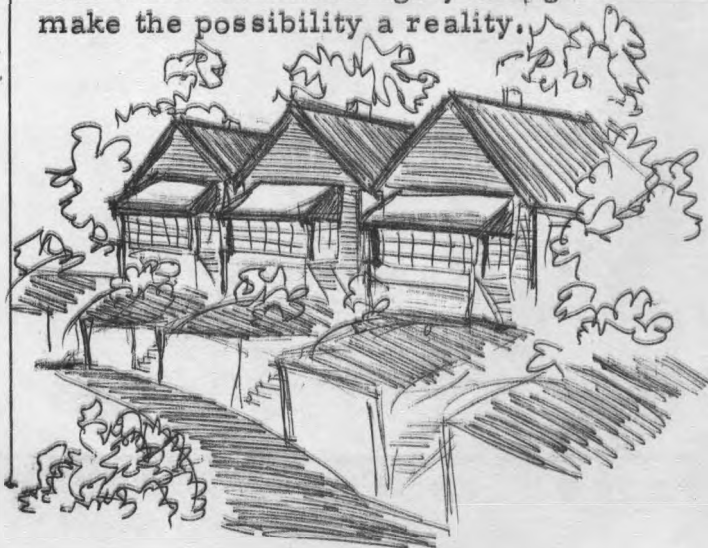
The Winery was temporarily converted for the production of grape juice, and there was some hope that, after the repeal of prohibition, it might again be reopened as a winery; but it never happened.

With the coming of World War II, the United States Navy purchased the entire site, now called Point Molate, and has used it as a fuel supply depot since that time. The surrounding hills have been hollowed to accommodate huge underground fuel tanks, but many of the original buildings are still being used, as the impressive structure on the cover.

The community again has several families in residence, and children of the naval personnel attend schools in Richmond. The peaceful little community on San Pablo Bay seems far too romantic for fuel oil -- Winehaven seems its proper name.

The eucalyptus trees on the hillsides above the houses were, reportedly planted there from seed pods collected from the Oakland hills by the daughter of Joaquin Miller, the poet, whose home was on the hills. She gave them to a young employee of the winery, John A. Miller, who planted them at Winehaven. The young Mr. Miller who planted the trees later became Sheriff of Contra Costa County.

In the short intervals between wars, the Navy has indicated that it might be willing to sell Winehaven, but the intervals have not been lengthy enough to make the possibility a reality.



KIDS' DAY IS TODAY



Today is 'KIDS' DAY', according to the official proclamation of the City Council of the City of Richmond.

This morning, at 9:45, a city-wide parade began at Woods School, with the floats and costumed children proceeding to Belding School grounds where the carnival continued until 4 p.m.

MUSICAL MASQUERADE

Only three more weekends remain for attending the Masquers current play, "Little Mary Sunshine." Reservations may be made by calling 843-5475 after 5 p.m. Curtains go up at 8:30 each Friday and Saturday night until August 29. The merry, musical Masquers will make a summer evening light and delightful.

OF MEN AND CERAMICS

On August 20, the Richmond Art Center will hold a reception for the six exhibiting ceramicists from 6 to 8 p.m. The six-man show begins on August 17 and will continue until September 13.

THANKS..and PLEASE...

Many thanks to the editors-pro-tem of last week, who made it possible for the regular editor to take a week away from routines. Linda Werner and Louise Genosick managed very well, with the last minute help of Dorothy King who flew back from Washington and plummeted to earth in the middle of "newspaper day."

Thanks also to John Werner, who created the art work for last week's paper.

We are looking for a part-time, regular, or sporadic editor, assistant, or whatever, for interesting, frantic once-a-week work with little compensation. Call 233-4999 for more information.

WHAT PRICE PARKING?

~OR~

SHALL OUR \$100 MILLION
FREEWAY SERVE VEHICLES
BUT NOT PEOPLE?

by Doug Corbin

Such was the general reaction of the Point Richmond Civic Group members to an evening of facts and opinions about our proposed neighbor, the Hoffman Freeway. Our hosts were some seven Division of Highways people, including the engineer second in command in the Bay Area, Mr. Charles Pivetti.

I hasten to add that the disjunctive title of this note is not to imply a breath of criticism of these gentlemen who were, to a man, gracious, informed and, most important of all, committed to the notion that a freeway is more than a massive device for moving goods and people swiftly and safely; it should be an esthetic asset to the community through which it passes.

That may be a preposterous position where one suggests running a highway through a forested wilderness or a quiet residential neighborhood. But the clutter of railroad tracks, stark telephone and power poles with their dependent wire ganglions crossing and embracing the dirty, grey expanse of our Standard Avenue presents a glorious opportunity for an agency with both lots of money and a rapidly developing social concern.

Perhaps critics may mutter that the conscience and accompanying awareness of the esthetic (or unesthetic) impact of Highway Department deeds has been a bit slow coming, but now that it is beginning to blossom, the Department finds itself often in the curious position of being, once again, forced to act the philistine. For its good intentions are compromised by local interests who grasp for the supposed economic benefits to be derived from a few acres of usable space under elevated concrete viaducts which there-
next page, please.

3. (continued from page 2)

fore win out over more visually appealing structures.

Mr. Pivetti explained that both he and Alan Hart, the chief District 4 (Bay Area) Engineer oppose "structure" or elevated decks except in purely industrial areas where maximum land use counts for everything and visual appeal for nothing. He termed the dim, grey expanses under elevated viaducts "sunless deserts" and pointed out that unless an area is so heavily commercialized as to insure a profitable concessionaire-operated car park, ever accumulating litter will add to the barrenness of the scene.

Yet, given these opinions from probably the highest man in the policy making echelons of the Division of Highways who has given serious thought to the structure of the Standard Avenue portion of the freeway, how is it that the only one of the five plans presented us which also lacks serious functional or traffic handling shortcomings (i.e. Plan 5-E) incorporates an elevated viaduct running from Garrard Avenue to Marine Street?

Well, the answer is that someone who would like to park 200 cars elsewhere than on his own land has apparently quietly put in a word with persons in the Richmond City Hall who, in turn, dutifully alerted the Highway Department to Richmond's preference for an elevated viaduct. That the downtown area of Point Richmond may die as a result of such a choice seems to have been ignored by "our" planners.

In short, effective lobbying has, it seems, already been done and many of us at the meeting the other night were fascinated to discover that the two study plans which permitted an earth embankment and landscaping are, in fact, so technically deficient from the traffic handling standpoint, that they will certainly receive but cursory consideration at the coming design hearing. Yet, Plan 5-E can be modified easily to replace the viaduct with a landscaped mound or fill (on the Point side, at the very least). Though this was overlooked prior to the Civic Group meeting with the Division represent-

atives, preparation of sketches of such an additional plan was promised.

This modified plan is surely looked upon benignly by some of the Division of Highway people present at the meeting and it will further answer all demands of the City Public Works Department regarding traffic handling capabilities (one member of that department was in the audience, who indicated his department's preference for the geometry of Plan 5-E). It is nevertheless, a plan intended primarily to add greenery and thus beauty to the Point Richmond side and city hall has, by implication, denounced it in advance as interfering with the storage of a few autos during a few hours of the day.

So, as we seem to be entering the race well after the starting gun, we'd best begin running at top speed. The design hearing at which public opinion will be heard by District 4 officials is scheduled for September 16 at 8 p.m. in the auditorium of Cortez School, 627 South 30th Street.

One last fascinating tidbit: Little-used "Kenny Park" will be taken in its entirety, irrespective of which of the several plans is adopted. The policy of the Division of Highways is to offer replacement in kind or full cash value. Cash would undoubtedly promptly vanish into the city general fund. Replacement in kind might permit acquisition of a portion of the Santa Fe Land and Development Company's several acres across from Washington School, or perhaps a bit of parkland elsewhere at the Point. Both the Division and the Parks and Recreation Department of Richmond will welcome your expressions of opinion on this.

cut here

I will circulate a petition opposing erection of a concrete viaduct in the Point Richmond area.

NAME _____

ADDRESS _____

PHONE _____

Mail to Douglas Corbin, 114 Crest, Point Richmond, 94801, or call 235-5779.

Cut Here

and here

REMINISCING

4.

..... FIFTY YEARS AGO

Articles from old Richmond newspapers courtesy of Rosemary Corbin and the Richmond Library.

|||||

August 14, 1920.....

HARBOR BONDS COMING UP

The campaign to pass the Harbor Bonds for Richmond was underway, and a joint meeting of the Richmond Chamber of Commerce and the Industrial Commission appointed a chairman and committee for the Harbor Bond Committee; while the American Legion at their meeting endorsed the bonds. The Legion also reviewed its position regarding endorsement of political candidates, and vowed assistance in the prosecution of "slackers."

August 16, 1920.....

SCHOOLS OPEN WITH LARGE ENROLLMENT

An enrollment of over 3,600 students was estimated by Superintendent Walter Helms. With a new law in effect that students who had not reached their seventeenth birthday must attend school for part-time education work, the high school enrollment was considerably higher than before.

August 18, 1920.....

BUILDING A BETTER RICHMOND

The Chamber of Commerce called for the construction of a new Post Office building, which would be leased and eventually sold to the federal government. It also emphasized the need for at least 200 new houses, to be rented to Richmond employees. In a speech by Chamber President Wallace, the following statement was included: "Richmond, just in the swaddling age, today, is for sale. That new phrase in the booster language, 'selling', applies to us. We are 'selling' Richmond to the people of Richmond. Accomplishing this, the market is the entire country."



August 18, 1920.....

FERRIES INCREASE

The Six-Minute Ferry Company, with plans to start ferry service from Richmond to San Francisco, also made plans to begin service from Oakland to San Francisco. To accommodate the new projects, the company planned to build three or four new vessels, and Richmond offered a spot on its waterfront for the building project.

Ferry Service on the Bay increased to Eighteen Cents. The Richmond Chamber of Commerce asked for investigation to reduce the fares

August 19, 1920.....

EXPERT SAYS RISING COSTS ARE AT SUMMIT

E. H. Dell, former chief clerk for Master Mechanic E. H. Harlow of the Santa Fe, now associated with Emerson Engineers, efficiency counselors of New York, announce that Rising expenses of production and consequent higher costs have about reached their summit.

August 20, 1920.....

GOVERNOR AND SENATOR VISIT

Governor Stephens and Senator Curry attended a meeting of Rotarians in Richmond. The governor delivered a 30-minute speech covering subjects from Rotarianism to the suppression of lawlessness. Curry spoke for the completion of the Richmond harbor.

A DISMAL HEARING

The East Bay Regional Park
District Budget.....

Tuesday, August 11, the public was invited to discuss a park budget involving millions of dollars of tax payers' money from Contra Costa and Alameda Counties. But a curious aspect of the hearing was that the public could ask now questions of the Park Board or staff.

The proposed budget is contained in a large booklet, available at the cost of \$7.40. The members of the Shoreline Parks Committee and several other park enthusiasts present had only time for a quick glimpse, which sadly revealed no allocation of funds for the much heralded Point Richmond Shoreline-Hillside Regional Park. To the dismay of those present who realize that land acquisition will soon become more difficult, if not impossible, Mr. Trudeau, the Park Manager, explained that difficulties with the Santa Fe Railway Company negotiations were causing the delay. (Wheels have been rapidly spinning, evidently, since the "Park Gets Green Light" announcement of January, 1970, when "substantial agreement" had been reached with Santa Fe.)

No money was allocated for staffing Keller's Beach. Richmond Recreation and Park Director, Joseph Salvato was given no answers to his questions about this matter.

While the Board has voted to develop a park, no real progress has been made.

The Shoreline Parks Committee has purchased a budget, and with the help of member Gil Cartwright, who is a Certified Public Accountant, will study it carefully. They will attend the working budget meeting on next Tuesday, August 18, at 11500 Skyline Boulevard, the Park headquarters, at 2:00 p.m.

Any shoreline park enthusiasts who wish to attend this public meeting are invited to come. There will be cars gathering at the Old Firehouse parking lot at 1:30 p.m.

If necessary, the Committee will begin

another strenuous publicity campaign, publishing a Tiny Tennis Shoes book, and calling on the public media to keep this struggling park alive. They would rather turn their energies to other needy areas, but will not be able to until a real beginning is made at Point Richmond. Jacqueline Watkins of the Berkeley Recreation Department also made a plea for the Point Park, in addition to those made by the Parks Committee. Several Park Board members seemed surprised that the Staff had made no progress on the park.

A Park or a Snark?

"For a Snark's a peculiar creature,
that won't

Be caught in a commonplace way.

Do all that you know, and try all that
you don't;

Not a chance must be wasted today!

(from The Hunting of the
Snark, by Lewis Carroll)

A DIM VIEW

The city of Richmond has traditionally been near-sighted about its growth. In the 1920's it was concerned about the people who commuted from Oakland to work here, because of tax and commercial losses to the city. They proposed building rental homes, to lure workers to reside here. The thought should occur, before it is too late, that a pleasant environment will induce people to build homes. While other cities add to improvements, we often lose the little we have. Why, for instance, is the city government not pushing for its tax payers to finalize the Regional Shoreline Park in Richmond? The tax payers voted them into their offices -- shouldn't they make some effort to protect the taxpayers investments? Richmond's industries will benefit tremendously from improvements for its people. But, we have lost Richmond's main business district; we could lose a long beach and hillside park; and we could lose the Plunge. The citizens of Richmond are obliged to spend time and energy to have their needs recognized by a City government with vision problems.

THREE IN ONE

Three young divinity students from the American Baptist Seminary of the West in Berkeley will be serving the Point Richmond Baptist Church. The seminarians are Arthur Chung from Honolulu, Hawaii; Evan Anderson from Wilmington, Delaware; and Phil Reuter from Whittier, California. Their supervisor will be Bill Malcomson, former minister to the First Baptist Church of Oakland and presently a professor at the school.

It will be a team ministry in which Evan will be attending classes and preaching, Art will continue his bi-vocational ministry combining preaching and working as a motorcycle mechanic, and Phil will be at the seminary and serve as a Youth Minister.

WEST SIDE

Library

by Mary Burkhard



Well, I know fall is nearing because the Summer Reading Club for the children has ended. We had about thirty members, all of whom will be invited to a program downtown on August 18th. They will see a movie, TOBY TYLER, and children who have read and reported on ten or more books will receive a certificate.

NEW BOOKS:

A new absorbing non-fiction book at West Side is THE HUNT FOR THE CZAR by Guy Richards. The history books tell us that Czar Nicholas II and his entire family were brutally murdered at Ekaterinberg, Siberia, on the night of July 16, 1918. But Guy Richards, a veteran investigative reporter, has uncovered compelling new evidence so that the history books may have to be rewritten. With the help of a loosely organized network of Romanov buffs, Richards has followed a fascinating chain of evidence to discover ex-

actly how the Imperial family escaped, 6. where they are now living, and why they still remain under cover. The story involves a gallery of master spies including the invaluable Soviet double agent who unmasked more than 200 Soviet spies in the West and who, on his defection claimed to be Czarevitch Alexei.

The Hunt for the Czar is a thrilling, often surprising search, documented with care and filled with the excitement of a true-life espionage thriller.

"THE BAY AREA AT YOUR FEET"

by Margot Patterson Doss

\$2.95, Chronicle Books, 1970.

by Louise Hammond

"Is there really a Margot Patterson Doss, and does she actually take all those walks?" The members of the Contra Costa Shoreline Parks Committee, who have accompanied this lively lady twice around Point Richmond can truthfully answer "yes" to this double question -- Not only has she taken all the walks she writes about in her delightful book, she has explored East Brother Island Light House and many other odd nooks and crannies of our own dear Bay Area.

She is interested and aware of so many things as she walks, the trees, wild flowers, the animals, the rare views, the odd histories, ancient and modern, of the paths she travels.

She is also the mother of four sons, the wife of a handsome Doctor who takes the pictures which illustrate her newspaper stories and books. She lives in a fascinating house in San Francisco and has a weekend home in Bolinas. Most amazing of all, this is the second book on walks she has published this year.

Naturally, I peeked just to see if our Point Richmond Shoreline Hillside Regional Park is mentioned, and happily found a view from Nicholl Nob, as well as a lovely picture of the renovated Old Firehouse among forty-three other delightful walks from Villa Montalvo in Saratoga to as far north as Salt

(next page please)

7. (continued from page 6)

Point Ranch on the Sonoma Coast. Some of the walks are for rainy days, some climb mountain peaks at Mount Tamalpais and Mount Diablo, some are along interesting paths in suburban communities. All can be done by amateur, or "Sunday" walkers; clear little maps and explicit directions make the walks available to Bay Area residents and "outlanders".

When you borrow, buy or steal this treasure of a book, please don't fail to read her dedication to the advancing multitudes ".....May they treasure and protect the sweet land that is the Bay Area. Now, before it is too late." Also, her introduction has a poignant description of a walk on Brooks Island; it is a prayer for the preservation of the land and a joyous rediscovery of the pleasures of walking. If you can't walk with Mrs. Doss in person, this brightly jacketed paper back book is next best!

ANOTHER BOOK!

JOURNEYS --

DAY AND NIGHT

by Ben Rust

This seems to be the week for new books. Ben Rust, who has taught at El Cerrito High School for many years, who is a sculptor, who makes violins, who is a dedicated human being -- dedicated first to humanity, and next to whatever he is doing at the time -- has written another book. This one, a chronicle of his sabbatical year, when he travelled to Italy, Greece, Israel and Western Europe, flows as naturally as his sculpture and his conversation. Without an attempt at sophistication, the day-to-day comments are written as if to his dearest friend -- which is what he considers everyone to be.

The book is presently locally available at the Old Firehouse Ice Cream Parlor, in paperback for \$3.00.

Don't forget to save your old books for the Richmond Museum Association's book sale in September. Call Marlys Reynolds to have them picked up: 234-4617.



HAPPY BIRTHDAY

(belated) Bernard Christiansen

Lucille Holladay

Lora Jetty

Jessie Clark

Eunie Morin



A note from the Philippines:

"We are enjoying the hot and humid weather. Isabel and Georgette went to a public school for a week. They both enjoyed it."

...the Hamamoto's

(The Hamamoto's have been touring the Orient this summer, and are on the last portion of their delightful holiday.)

~~~~~

Jim and John Paulson have had their shirttails cut. That's what happens when you solo (in an airplane, you know?).

John soloed for the first time last Friday, August 7th, over Napa airport, and Jim soloed on Tuesday, August 11, also over Napa airport; both flew an Aircraft Champion Citabria, No. 5127-T.

Their shirttails are now proudly displayed on the wall, framed in glass.

~~~~~

Apparently something went awry (again) on one of the Santa Fe tracks; a Steam wrecking crane was being used, so the Railroad still has at least one piece of steam equipment!

~~~~~

The George Sculdt's have returned from their vacation trip to Vancouver, B.C., and to Alaska. The trip to Alaska was aboard the M.S. Northland Prince. The scenery was thrilling, and they made five stopovers, seeing very interesting villages and towns which can only be reached by boat. Ocean Falls, one of the towns, receives 180 inches of rain a year. In Prince Rupert, they saw tons of salmon, which were delicious eating. Eating was good all the way -- they

(page 16, please)



# A FREE COURSE in Money



Activities and behavior of the stock market in the United States has never received so much attention in news media, television and radio discussions, and in the literature of books and magazines as it has this year. Another development, in connection with the stock market, is that the fellow with \$100 to invest is becoming a factor in the market.

Contra Costa College will offer a ten-session series on how the investment business works, as a part of its college-community programming for the fall semester. The series will be presented every Tuesday evening at eight in the Lecture Hall of the Liberal Arts Building on the Richmond-San Pablo campus starting September 22.

There is no fee for the series, and all materials for the course, including the paperback textbook, are provided.

Participants should register in advance, to assure themselves a place in the course.

Instructor for the course will be Alan B. Jonas, an account executive with the Oakland office of Merrill, Lynch, Pierce, Fenner and Smith. He is credentialed to teach in community colleges, and has taught such courses in the Bay Area previously. He received his M.A. from New York University.

Included in the course are a description of stocks and bonds, how they are bought, sold, and how to read a financial report, as well as the risks and rewards of investing, and how to plan an investment program.

Several films and a field trip will be included in the course. Students will be able to observe for themselves the activities of a brokerage firm and a stock exchange.

For registration and a brochure describing the series in detail, call the College community services office, 235-7800, ext. 230.

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# the California Water Rush

Maybe all you know about water is that you can't live long without it. Well, neither can California. The California Water Plan is tremendously controversial, and we should all be informed as to its effects on California might be.

The following article was excerpted from one appearing in the "Yodeler" of the Sierra Club:

The California Water Plan is the overall plan under which the development of California's water resources is expected to take place. It would supply projected water needs of the State by ultimately constructing as many as 15 dams on the wild rivers of north coastal California. Thirty-five rivers have been dammed already and these north coast rivers, the Eel, Van Duzen, Trinity and Klamath are the only remaining large untamed rivers in the state. Their value as free-flowing rivers of great beauty and recreational value, will be lost, along with the flooding of valuable agricultural land, and the destruction of valuable fish and wildlife resources.

Though Governor Reagan rejected the high dam at Dos Rios, on the Eel River, the State Department of Water Resources simply looked for other locations on the Eel, instead of considering alternatives involving other sources of water. Only Congressman Waldie's proposal of wild river status for the Eel, Trinity and Klamath appears adequate to protect these sources of enjoyment and resource for the people of California.

## THE DELTA

The water quality problems already existing in the Delta caused by the diversions of water into the Delta-Mendota Canal and the California Aquaduct from the southern end of the Sacramento - San Joaquin



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## "And When I Die,"

Good news for those of you who have unconventional plans for your hereafter. The State of California has now approved a bill that will allow the disposition or retention of your ashes in a place other than a cemetery, if approved by local health offices. Previously, unless ashes were discharged from an airplane flying at an altitude of 5,000 feet, and at least three miles off the coast, ashes had to be contained in a cemetery. California was one of only four states with such stringent regulations.

Delta, as well as the discharges of industrial, municipal and agriculture wastes will be aggravated further by increased diversions resulting from the recent expansion of the Central Valley Project and completion of the State Water Project. Pumping for these and other projects contemplated would eliminate essential flushing flows through the Delta and San Francisco Bay. The Delta fishery, because of unnatural currents and the intake of eggs and larval fish at the pumps, could become a stagnant foul-smelling swamp.

It is recognized that with proper operation and releases to the Delta, the proposed peripheral canal could mitigate some of the problems; but without proper releases, it could be a disaster to the Delta. There have as yet been no guarantees to protect the Delta through proper releases.

#### WATER FOR WHAT?

The California Water Plan is intended to supply water for expanded agriculture, primarily in the Central Valley, and for urban growth, primarily in the San Francisco Bay and Los Angeles Areas. These developments are probably neither necessary or desirable. What good will water do if there is no air to breathe?

As an example, the State Water Project (the Feather River Project) approved by the voters in 1960, and as part of Proposition 7 in 1970, it would provide water to irrigate new cotton fields in the southern San Joaquin Valley, and added subdivisions in the Los Angeles Basin. There appears to be an oversupply of both.

#### ALTERNATIVES

The California Water Plan was last revised 13 years ago and represents engineering thinking of the 1920's and 1930's. As a result it not only fails to take into account modern concerns for the quality of our environment, it also fails to take into account modern technology. Waste-water reclamation, systematic underground storage and management, and the buying up of excess agricultural water supplies made unusable

NEXT PAGE, PLEASE



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by crop surpluses or by salt buildup on irrigated land, all offer economic alternative sources of water for municipal uses even today. Sea-water desalting should be economical in ten to twenty years. But the plans to build more dams and aquaducts continue.

A re-examination of the California Water Plan is being called for by the Sierra Club as well as many groups and individuals in the State. If the re-examination is to be meaningful, it should be able to consider alternative ways of completing the various projects. In order to do this, a temporary halt in the awarding of construction contracts should be called. Particularly affected would be the Peripheral Canal, the East Side Division and the dam at Dos Rios, if a moratorium were called.

A moratorium and re-examination would cost money. But the cost of destroying resources would, in the end, cost many times more.

## Windy Wedding

Many weddings are being held out-of-doors these days, and most of them are enhanced by the additional beauty nature has to offer. One that was held recently in Chabot Regional Park found nature playing a few little tricks. Guests who came early were kept busy filling multi-colored helium balloons which kept breaking away and soaring into the summer sky. A five-tiered wedding cake toppled in the breeze, and somehow, perhaps due to human rather than mother nature, the communion wine got lost. When it was hastily substituted with water, the Priest regretted that he didn't have a divine nature for the miracle needed just then. However, the wedding in the natural setting was successful, and guests enjoyed sitting at picnic tables in the relaxed, if slightly windy atmosphere.

## Trail Dedication Delayed

The fourteen-mile "Skyline Trail", running through Redwood and Chabot Regional Parks was scheduled to be dedicated on August 15, but the dedication has been postponed to September 26. The event will bring federal and park officials, being the first non-federal National Recreation Trail in the nation.

# Instrumental Course

A course in Industrial Instrumentation will be offered at Contra Costa College, on Wednesdays from 7 to 10 p.m., beginning on September 16. The course is designed to introduce the student to a basic study of measuring and controlling instruments utilized in process control operations. This includes fundamentals of operation, design and servicing procedures (and not falling asleep at the switch?) for conventional pneumatic instruments used in refinery, petro-chemical and related industries.

Tuition is free, but students must purchase their own books and supplies.

## ORGANICALLY

## SPEAKING

by a. h. meads

Use of juvenile hormones - a technique that turns the insect populations' own hormones against them - zeroes in on them and prevents pests from maturing into plant eating adults. active in extremely small amounts (Swiss researchers cleared ~~meat~~ infestations from five tons of stored wheat with 20 milligrams - 1/140 of an ounce - of JH), the hormone is being produced by the Zaecon Corp. of Palo Alto, Calif.

Ultrasonic sound waves have been called on successfully in some insect control situations, either creating a barrier which repels pests or destroying the insects.

Probably the most spectacular new biological approach is the use of sterile insects to promote destruction of pests. In one project, for example, sex manipulation has been put into the exterminating program against the Caribbean Fruit Fly in Florida. Millions of the flies are captured and sterilized by irradiation. When released, these sterilized flies will mate with the wild - but the union will produce only sterile eggs incapable of hatching into fruit-destroying insects. So far, it's working to diminish the density of the Caribbean fruit fly population.

Controlled environment, such as low temperature in food storage, is another non-chemical means of protecting stored foods. Some other late developments includes a nematode being tried at Michigan State University,

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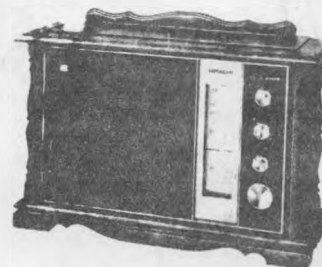
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DR. 

which kills up to 80% of early-spring pond mosquitoes; a parasitic wasp brought from Europe by MSU researchers which controls the elm bark beetle, carrier of Dutch elm disease; the *Anaphes* wasp, an imported parasite which lays its eggs inside adult cereal leaf beetles, destroying a high percentage of this costly pest; and a project in Pakistan to liquidate disease-carrying mosquitoes by breeding a genetic "incompatibility" into the male which results in a form of unplanned birth control.

### Backyarders Discover Controls Too

Not all the ideas for nontoxic pest control come from scientists. Over the years, organic gardening enthusiasts have done a good share of experience and have come up with some of their own discoveries.

Long before the recent news announcing the USDA's finding that fresh or stale beer is "significantly superior to other compounds used to control slugs," Ruth Stout and thousands of OGF readers who tried it out knew the same truth.

Incidentally, not only slugs, but the bothersome snails are curbed by simply putting out saucers or shallow pie pans of beer. "We slugged our snails accidentally," writes Mrs. Zoemary Williams of Napa, Calif. "One pleasant afternoon in April Don, a jolly Falstaffian type, came to visit my husband. I was busy in the house but the men and our Irish terrier, Kelly, sat on the patio enjoying the delightful day. Kelly is a real member of the family and will eat anything from apples to zucchini. Neither my husband nor I care for beer, and Kelly was unacquainted with the beverage, but Don had brought some for himself and Kelly watched avidly as Don drank. The dog's imploring look was too much for kind-hearted Don, so he tracked me to the kitchen, begged a little foil pan and filled it with beer. He placed it on the patio floor for the dog; Kelly sniffed but, for once, turned it down 'people' food. The pan remained on the floor forgotten."

"When I went outside the next morning I couldn't believe my eyes. The little pan of beer was full of slugs and snails we'd been having so much trouble with—and more were zeroing in on the target as fast as they could. Ridiculous and unbelievable? Maybe. But who was I to knock it? I called my husband and together we watched the slugs and snails making their slow tortuous ways up over the side of the pan, then sinking into happy oblivion."

(Continued next week)

# HEALTH

## *Comes first*

by A. H. MEADS

Cont'd "The Body's Feed Line"

Nature has provided wonderfully for the digestion of the food you take into your body, but you have to provide the food in (a) sufficient supply, (b) digestible form, (c) under suitable conditions. Explained in greater detail:

(a) There must be enough of all the elements needed by the body. Your body can extract the needed elements from food but it cannot manufacture them.

(b) If the food is not soluble enough it will pass through your body unused. Corn on the cob is an example. Each kernel is covered by a sort of natural cellophane. If you do not chew through this covering, your enzymes will not be able to reach the meat of the kernel; and it will pass through your body, completely undigested. There are many ways in which food you consume may be blocked off entirely or partially from the digestive process. You can help in this respect by chewing your food thoroughly.

(c) You have to be concerned not only with what your food supply must contain but also with what it must not contain. Certainly you won't knowingly consume poisons, but you may knowingly be consuming them. In many processed foods nowadays there are tiny quantities of chemicals which can in time make trouble for you. Elements that are natural are likely to be compatible with your digestive system. However, there are many excellent natural substances which may prove quite harmful to your digestion if consumed at the wrong time so that they interfere with the digestion of other foods. Obviously anything excessively hot or cold is bad, but there are times, as we'll point out, when even such things as drinking water may be wrong.

*Your Health Depends on Which Way Your Dietary Oils Are Absorbed.*

At this point I want to make it clear that my approach to the matter of diet and digestion is unique. I favor strongly the use of natural organic foods and I oppose strongly the use of processed, denatured foods. But I am not alone in that, and I think that in time all the weight of expert opinion will be

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# SHERRY & BOB'S

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on the side of natural foods. However, I am alone, at this writing, in my "Oil factor" doctrine. I believe that the proper use and distribution of oils in the body makes the difference between good health and bad health. And I am convinced that the liquids you drink (during or near meals) determine whether you will have proper, effective distribution of oils or, bas, ineffective and harmful distribution of oils in your body.

We have just followed in a general way the course of food through the body. The course of oils is the same as all other foods until the splitting of the components is accomplished in the small intestines. At this point, approximately 70 per cent of the oils passes through the lymph vessels into the blood stream, and approximately 30 per cent passes through the liver, eventually into the heart and then the blood stream.

But these percentages are seriously affected by liquids consumed at the time the oils are being digested. Liquids are very helpful in the digestive process. We need them. Liquids like whale milk and soup, which have low surface tension, will not effect the normal course of the oils. But high-tension surface liquids, like ordinary drinking water, will interfere with the dietary oils. Oils do not mix with water. The water does not absorb the oil particles but rather "surrounds" them, acting to some degree as a envelope or a barrier. It is more difficult for the lymph vessels to absorb the "surrounded" oil particles, and therefore the lymph vessels miss some of the oil they would otherwise accept. The lymph vessels never absorb all the oils in any case. But instead of absorbing 70 per cent, as is normal, they perhaps absorb as little as 50 per cent when the oils are partially "covered" with water.

It is true that the stomach juices and the action of the stomach will reduce the high surface tension of the water, but the tension will still be higher than liquids like soup or milk.

Water has the highest surface tension, but other high-surface-tension liquids, like coffee, tea, etc., will act in the same way, though in a lesser degree.

(continued next week)

Trivia - continued from page 7.

were served four meals a day! The family had a wonderful vacation.

~~~~~

This Sunday at about 12:30 the Richmond Ramblers will have what they call a "Scramble" -- a big event, much like a race.

~~~~~

Last Saturday, Pam Paasch won another prize, First place in her field. Her score was 195 1/2 in obedience, for which she was awarded a silver platter. There were ten Springers competing. Also, she won second place out of three to four hundred dogs, and received a trophy.

~~~~~

More and more people are asking: When is the Corner Hofbrau really going to open for business???

~~~~~

A husband came home one evening to find the house in a terrible shambles. He asked his wife what in the world had happened, to which she replied, "You are always wondering what I do all day. Now you know. I didn't do it today."

---

Ice Cream Heroes of the Week (forgot to put one in last week, so here are this week's and last week's:

"Paul Giacomelli and Bryan Tedrick for playing winning baseball for the Richmond Pony All Stars, now competing in Portland for the Northwestern States Championship." and

"Joan and Don Neptune, for being good neighbors. They nurse hurt children, find homes for stray animals, pick up the litter in yards, chase motorcycles out of the streets where children are playing; and they grow and SHARE the biggest zucchinis this side of the Tiber! "

---

Thoughts of Back-To-School shopping send chills up your spine? Make it easy and pleasant. For kids to eighth grade, shop at the Pumpkin Eater, and for anyone else, shop at Sherry and Bob's or Sophies, and Allyn's for the boys. Get in style without getting a headache!

# WASHINGTON PLAYGROUND

THE LAST EXCURSION OF THE SUMMER was on August 12, when we went to Frontier Village. Everyone who went had lots of fun. It's too bad that more people didn't go on the excursions. They were all good opportunities for the children to have fun and see the world around them.

ON AUGUST 24 at 2:00 p.m., the "HAPPY VAN" will be at Washington School to present a Puppet Show for the children! The show is FREE!

AUGUST 25 and 26, we will go on an overnight trip to Wildcat Canyon.

The fee for the trip is 75 cents, to cover dinner on the 25th, and breakfast on the 26th.

Come and see us for further information and permission slips.

Judy Davis  
Mark Ewing.

## Letters

An Open Letter to Wax 'n Wicks:

We are very sorry not to have thanked you sooner for your fine contribution to the Shoreline Park effort. The poppy seeds were so gratefully received to enrich the spring crop of wild flowers on Nicholl Nob. Please do forgive the delay!

Sincerely,  
Louise Hammond.  
Contra Costa Shoreline  
Parks Committee.

To everyone, and the  
Regional Parks Board of Directors:

After spending the day visiting in Orinda, Lafayette and Concord, and returning  
(next page please)



17. (continued from page 16)

in less than thirty minutes to the refreshing edge of the Bay at Point Richmond, I feel that what East Contra Costa needs more than anything is a real beach, stretching from Keller's Beach to Ferry Point! Coming from heat, dust, and smog of the inner county to this cool, sparkling place, I wonder how anyone could doubt it! San Francisco's tallest towers are glittering in the sunshine, the Golden Gate Bridge is laced with fog, Tamalpais looks down at the water in envy.

I'm writing this letter beneath trees planted not too long ago, which have transformed the residential edge of the bay from a barren cliff to a shaded bayside retreat. Nicholl Nob would become the wooded backdrop for a splendid beach!

I hope you won't delay until it is too late!

(signed)

A Well-Wisher.

A letter in reply to Mr. Rigali's letter of two weeks ago was received last week. The description of this writer's activities reinforce the feeling Mr. Rigali has about the Point. No matter where she goes, she makes it a habit to pick up litter and get rid of it. She noticed that the Chronicle left at the Library was often picked up before the library opened, and made it a point to go jogging early enough to drop the paper through the book slot so that it would be there for patrons to read. She proposed the idea that a yearly program be held to honor people at the Point who have made it a more pleasant place to live. The letter was signed "Bedouin Baden."

One more letter was received, and, because of its content, we would appreciate talking to the writer before printing it in its entirety. Thank you. ( call 233-4999)

Signs of the times: There is a new college in Oakland that features a six-week course in the basic methods of collection, the International Credit Collection College, and the course is approved by the State Superintendent of Public Instruction.



There was a going-away party at the Central Pool Hall Saturday, August 8th for Tom Banks the fiddle player. He is being transferred to San Diego. 'Ramblin Bot Lutz', Tom Banks, Jo Ann Nugent and her singing partner Shirley provided the evening's music. Jo Ann plays the Auto-harp, the kind Maybelle Carter used to play. Gifts were presented to Tom and his wife, who received a large Cowboy hat and a blouse.

\*\*\*\*\*

Harold L. Vaughn was married on August 8 to Miss Jennie Erickson, in Vacaville, in a church there. They are now residing in Point Richmond at the Carroll Apartments.

\*\*\*\*\*

Marlys and Charles Reynolds enjoyed a visit from Marlys' brother and family, Mr. and Mrs. Donald B. Hefner, and son Bruce and daughter Jeanne. Also visiting during the week were Virginia Armfield and Bea Armstrong, friends from their college days, who are now teaching in Pasadena, California.

\*\*\*\*\*

A surprise birthday party was given for Mary Snodgrass by her friends, Jeanne, Maral Anne, Molly, John, Katie and Jonathan Findley from Fresno were guests of Mrs. Betty Moore and family this week.

\*\*\*\*\*

Visiting Mr. and Mrs. Arthur Pace was Mrs. Pace's sister, Zura Neff from Hammron, Oklahoma. A cousin, Nora Ritchie, also visited from Stockton.

\*\*\*\*\*

Mr. and Mrs. Jimmy Walsh welcomed a 7-pound 4-ounce son, Jimmy, jr. recently.

\*\*\*\*\*

Dr. and Mrs. Leonard Brant's son, William will be one year old on August 25.

( page 20 , please)



# Paging the younger generation

August 14, 1970 13.

## What Day Is It?

We go to church on \_\_\_\_\_.  
Mother washes clothes on \_\_\_\_\_.

\_\_\_\_\_ is the day to iron.  
\_\_\_\_\_ is the middle day of the week.

The day before Friday is \_\_\_\_\_.

\_\_\_\_\_ is the last day of the week for daddy to go to work.

\_\_\_\_\_ is work-around-the-house day.

**F**ill in the blanks...

There are \_\_\_\_\_ days in a week.  
This year my birthday comes on a \_\_\_\_\_. I watch my favorite TV programs on \_\_\_\_\_. Halloween, 1970 comes on \_\_\_\_\_, October 31. On November 26, a \_\_\_\_\_, we will have Thanksgiving.

\* Did you remember to begin each day of the week with a capital letter.

**N**ow, without looking above, see if you can spell each day correctly.

\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_,  
\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_,  
\_\_\_\_\_.

Check the bottom of the next page for correct spelling.

As you spelled the days, what did you notice they all had alike? \_\_\_\_\_.

Can you draw a line (/ or \) to separate the syllables.

## Recipe

have mom help you for the first time.

## Hot Spiced Caramel Milk

\* 6 servings

### What you need:

3/4 cup caramelized sugar sirup  
few grains salt nutmeg  
3/4 teaspoon cinnamon  
6 cups hot milk.

### How to Fix:

Mix sirup, salt, cinnamon, and hot milk.

Beat until well mixed & frothy.

Pour into large cups.

Sprinkle tops with nutmeg.



## Jeremie Jokster

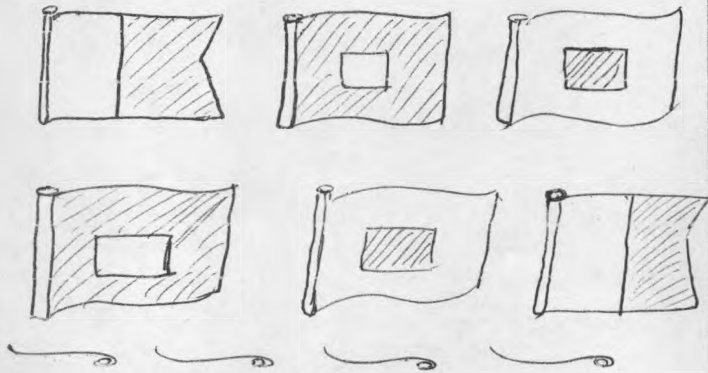
sends us a riddle  
why is a baby  
like a dollar bill?



they both are changed often



These are some of the flags of the international code of signals. Color the matching flags the same color.



Another Joke  
from Jerome

Sue: "How do you spell 'rain'?"  
Lou: "R-a-n-e."

Sue: "That's the worst spell  
of rain we've had in  
a long time."

## Science \* from Child LIFE

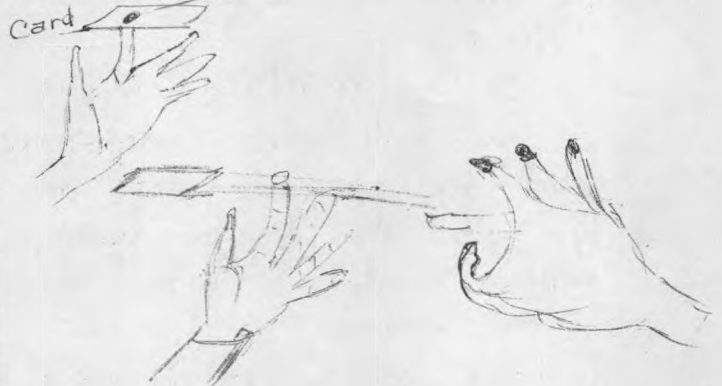
What is INERTIA?

Inertia is a property that all bodies possess. As Isaac Newton said: "Inertia is the property by which a body resists any attempt to move it, if it is at rest, or to stop it, if it is in motion."

### Experiment



Balance a small card on the upturned first finger of your left hand. Place a penny or a dime on the center of the card. Flick one corner of the card with the fingernail of the middle finger of your right hand. The card will fly across the room. The coin is left on the upturned finger. **INERTIA** has kept it from being flicked away with the card.



Days of the week - Spelling  
Sunday, Monday, Tuesday  
Wednesday, Thursday, Friday,  
Saturday.

Mr. and Mrs. Ed Hoiland are rejuvenating their home, while their sons are having a vacation in Mill Valley with the George Martin family from the Point.

\*\*\*\*\*

I wish to thank Roni and Jodi Roselius, Linda Werner and Louise Genosick for contributing to 'Here and There' during my absence.

The final open house of the summer will be held at the new Maritime Classroom at Alameda Memorial State and Regional Beaches on Saturday, August 22, from 10 a.m. to 4 p.m. The unusual teaching facility, built to look like an old wharf in the sailing ship days, is used as an orientation center for groups studying San Francisco Bay and its animal life. It includes a large cutaway diarama with a number of models of different types of birds and marine life. The classroom is in the old hospital building on McKay Avenue in Alameda.

#### FOUND

KEYS. I still have some keys in a brown case. They were found at the Park on Nicholl and Washington Avenues, about a month ago. Please call 237-3453. There are about 10 keys in the case.

#### WANTED

I'm a Point working mother looking for someone to care for my 6-year-old son. This requires day care, 7:30-5:30 until school starts, then after school (1st grade) to 5:30. I'd prefer someone with children of the same age, who is also a Point resident. Salary, details, open to discussion. Will consider doing some reciprocal weekend babysitting, in addition, as an incentive. Call 237-9047 after 7 p.m. and weekends.

GARAGE wanted. Six to twelve months. \$5.00 a month. 848-2081.

ROUND, SOLID OAK TABLE. About 42" diameter. Call 237-1658.

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CLEANING: Basement, garage, home.  
Very reasonable. 234-6037.

# RECIPES

## APPLE FUDGE

3 cups sugar  
1 1/2 cups grated pared apples and juice  
1 square (1 oz.) unsweetened melted chocol-  
ate.  
1/4 tsp. salt  
2 Tbs. butter  
1 cup evaporated milk  
2 tsp. vanilla  
1 cup broken English walnuts.

In deep heavy saucepan combine sugar,  
apple, chocolate, salt, butter, evaporated  
milk. Cook over medium heat, stirring until

## TEENS FOR HIRE

BABY SITTING:

Jennifer and Mike Allaire: 237-6191  
Cathy Enyeart: 235-95720  
Craig Healy: 234-6139  
Sherry & Loretta Mertle: 232-0995  
Melissa Martincich: 235-7306  
May Sinawi: 233-5742  
Linda Taylor: 232-8819  
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Wendy Wirth: 233-5618  
Debbie Welch: 234-1040

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Call Jerry: 232-3878

BABY SITTING & HOUSEWORK:

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sugar is dissolved. Cover and cook until  
mixture begins to boil. Uncover and cook  
to soft ball stage (236°). Cool mixture  
to lukewarm. Add vanilla and beat until  
creamy. When candy begins to stiffen, quic-  
kly stir in nuts. Drop by spoonfuls on wax  
paper. Makes about 3 dozen pieces.

QUICK CHOCOLATE TRUFFLES:

1 pkg. (6 oz.) semi-sweet chocolate, melt  
over double boiler. Remove from heat. Add  
1/3 c. plus 1 Tbs. sweetened condensed milk.  
pinch salt, 1/2 tsp. vanilla and 3 Tbs. ground  
nut meats. Stir only to smooth. Turn into  
square shallow pan lined with wax paper.  
Cool in refrigerator 2 hrs. Turn out of  
pan, cut and decorate. Store in airtight  
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M.Y.F. YOUTH GROUP 6:30 P.M.



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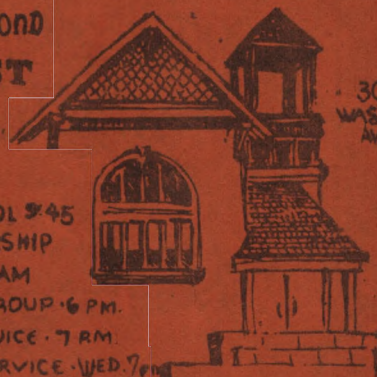
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10 AM

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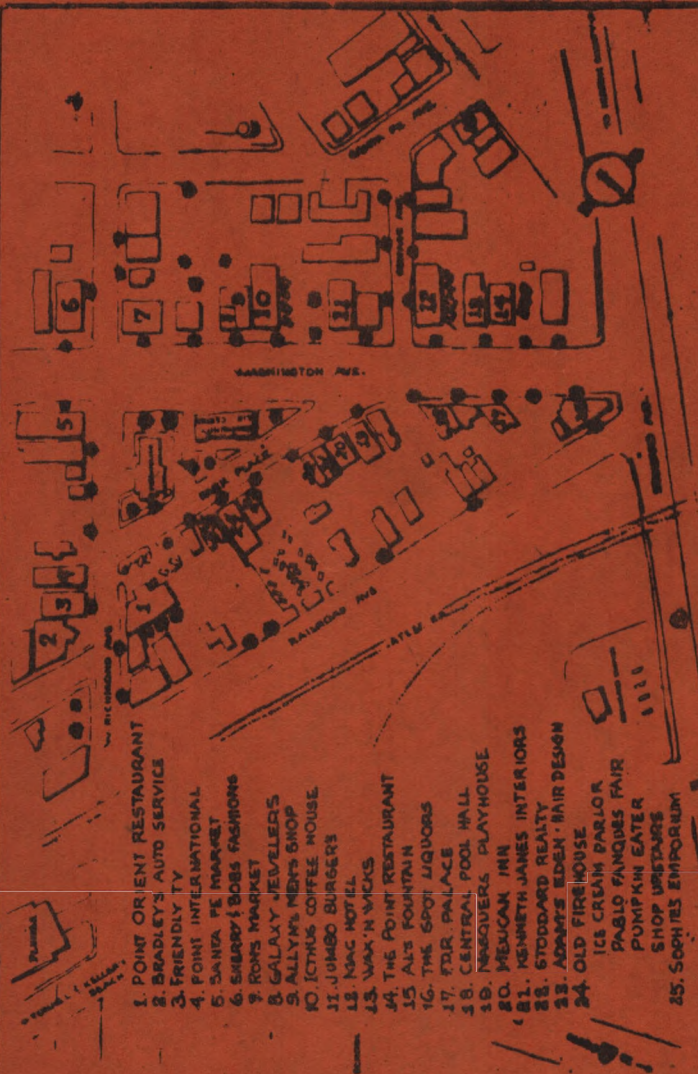
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Water Quality Control Bd. .... 464-1225  
Public Health. .... 234-7900  
Sonic Boom (Hamilton AF Base), . 838-3711



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3. FRIENDLY TV
4. POINT INTERNATIONAL
5. SANTA FE MARKET
6. SHERIDAN BOSS FASHIONS
7. RONS MARKET
8. GALAXY JEWELLERS
9. ALLY'S MEN'S SHOP
10. ICHTUS COFFEE HOUSE
11. JUMBO BURGERS
12. NAC HOTEL
13. WAX 'N WICKS
14. THE POINT RESTAURANT
15. ALO FOUNTAIN
16. THE SPOT LIQUORS
17. FDR PALACE
18. CENTRAL POOL HALL
19. INDIANERS PLAYHOUSE
20. MEXICAN INN
21. KENNETH JAMES INTERIORS
22. STODDARD REALTY
23. ADAMS EDEEN HAIR DESIGN
24. OLD FIREHOUSE  
ICE CREAM PARLOR  
PABLO FANQUES FAIR  
PUMPKIN EATER  
SHOP URSARS
25. SOPHIES EMPORIUM

### POINT COUNTERPOINT

CIRCULATION MANAGER: LOUISE GENOSICK  
RONI ROSELIUS, ASS'T.

### PAPER CARRIERS:

ISABEL AUSTRIA: 232-3453 ERIN EVANS: 235-7177  
MICHAEL FERGUSON: 237-4772 MICHELLE HEALY: 235-3897  
DIANNA LORETZ: 234-7530 JODI ROSELIUS: 235-4222  
JAMIL SINAWI: 233-5742, ALIAN SMITH: 234-5149,  
DAVID WHITE: 234-0178, PEGGY WILSON: 234-0814.

### SUBSCRIPTION FORM:

MAIL TO DR<sup>3</sup> ENTERPRISES, 212 BISHOP AVE., POINT RICHMOND, CA. 94801.

POINT RICHMOND RESIDENTS (via Paper Carriers):

SIX MONTHS: \$2.50. ONE YEAR: \$4.50.

NON-RESIDENTS (via mail):

SIX MONTHS: \$3.25. ONE YEAR: \$6.50.

PLEASE CIRCLE LENGTH OF SUBSCRIPTION DESIRED AND FILL IN BELOW

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

street

city

state

zip code

make checks payable to DR<sup>3</sup> Enterprises.